

STOP VAPING

ALTHOUGH VAPING IS TEMPTING, IT DOESN'T MEAN YOU SHOULD DO IT.

VAPING IS HARMFUL TO YOUR HEART AND LUNGS.
YOUR HEART RATE INCREASES WHICH MAKES YOU PRONE TO HEART ATTACKS BY RAISING YOUR BLOOD PRESSURE.



SOURCES
WEBMD
JOHNS HOPKINS MEDICINE



VAPING CAUSES DAMAGE TO THE

IMMUNE SYSTEM, BRAIN, LIVER,

AND LUNGS.

ISD IS A SMOKE-FREE CAMPUS