



Vaping can lead to death. Vaping causes very high blood pressure, heart attack, and spikes your adrenaline. The vape battery might explode and cause damage.

NO SMOKING AND VAPING

9% of the world's kids aged 11 to 17 vape and 21 % of the world's kids aged 11 to 18 smoke.

Sources: Unicef and John Hopkins Medicine.

ISD is a smoke-free campus



Smoking can lead to death. Smoking causes cancer, heart disease, stroke, lung disease, diabetes, chronic obstructive pulmonary disease, and eye disease.